#### Litany of Lament

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Leader: God, hear our prayer,

People: **And let our cry come to you.**

Leader: Merciful God, we come to you in sorrow.

Help us to grieve; let our tears flow; and look upon our broken hearts. God, hear our prayer,

People: **And let our cry come to you.**

*Silence*

Leader: We have lost loved ones. I invite you to share the names of your loved ones, silently or aloud at this time (SILENCE) We have lost hope. We have lost our way. Consider our losses. God, hear our prayer,

People: **And let our cry come to you.**

*Silence*

Leader: Our faith has been shaken. We are haunted by memories and weighed down with guilt. We are sick with sadness, weak with despair. Help us know your presence. God, hear our prayer,

People: **And let our cry come to you**.

*Silence*

Leader: In our suffering, we turn away from those who suffer also.

Our bonds have been strained, one with another. Show us your compassion and help us forgive others and feel their sorrows. God, hear our prayer,

People: **And let our cry come to you.**

*Silence*

Leader: Help us envision a future filled with promise, even if we cannot know what lies in store for us. Help us have confidence in your love as we take each new step. God, hear our prayer,

People: **And let our cry come to you.**

*Silence*

Leader: Lord of all mercies: abide with us when the darkness deepens and we suffer loss, pain, and grief. Help us to know and understand you are with us even when we cannot feel your presence. Let your saving help shine through the shadows as you hold your cross before our eyes, reminding us that you share our sufferings and have overcome death so that we might rise again with you. Let morning break upon our sorrowing hearts; abide with us in life and in death, Lord, so that we may live in your peace and rejoice in your love. **Amen.**

**The Blessing**

May God, our Creator, fill you with peace. *Amen.*

May Christ, our Savior, redeem all your sorrows. *Amen.*

May the Holy Spirit, our Comforter, heal and restore you. *Amen.*