



**December 6, 2019 – Advent 2 (B)**  
**Second Week of Advent:**  
**Journeying with Family and Friends**

As we continue our Advent walk, we invite you to see the Way of Love as a journey that can expand to include family and friends. Mary said “yes” to the call to birth Jesus, God’s Word, into the world and immediately went in haste to share her good news with her cousin, Elizabeth—a four-day journey into the Judean hills. Isn’t that what happens when we hear good news? We are driven to go and tell others. The Way of Love is good news that demands to be shared.

**Sunday, December 6**  
**WORSHIP**

What part of gathering for worship fills your heart with hope?

**Monday, December 7**  
**GO**

Read or watch your local news. Where is reconciliation needed? Pray for healing.

**Tuesday, December 8**  
**LEARN**

Read Luke 1:45. Consider how your faith is a blessing. Share your faith story with a friend.

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## Wednesday, December 9

### PRAY

Offer a prayer of thanks for each person you encounter – both stranger and friend – silently or aloud.

## Thursday, December 10

### BLESS

Call or write a family member with whom you desire a closer relationship. Share with them how they are a blessing.

## Friday, December 11

### TURN

Reflect: Where have I fallen short this week? How can I make amends? Give thanks for the gift of fresh starts that we have through God's grace.

## Saturday, December 12

### REST

Set aside 30 minutes to rest, pause, and breathe deeply with a friend or family member. Give thanks for the restorative power of love in relationship.



**THE WAY OF LOVE**  
*Practices for Jesus-Centered Life*

For more Advent resources related to the Way of Love, visit [episcopalchurch.org/wayoflove](http://episcopalchurch.org/wayoflove). There, you'll find links to the full Advent curriculum *Journeying the Way of Love*, as well as *Living the Way of Love in Community*, a nine-session curriculum for use anytime.

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