

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
April 13 Turn How can you turn fear into trust?	14 Learn Look out your window- what do you see that's growing?	15 Pray Pray for those in the healthcare profession	16 Worship Say the Our Father slowly and reflect on each phrase	17 Bless List 10 things you are grateful for this day	18 Go Offer to deliver groceries for an elderly relative or neighbor	19 2nd Sunday of Easter
20 Turn How can you turn despair into hope?	21 Learn Discover a new route on your walk around the neighborhood	22 Pray for those who are unemployed or furloughed	23 Worship pray over the food you eat today at every meal	24 Bless What are three moments you appreciated today?	25 Go Write and mail a note to someone today	26 3rd Sunday of Easter
27 Turn How can you turn isolation into connection?	28 Learn Learn a new recipe and share it with those in your house or a neighbor	29 Pray for those who are ill or dying from coronavirus or other illnessess	30 Worship Way of Love Candle meditation https://youtu.be/ LrJK-usu7Bw	May 1 Bless Reflect on something good someone did for you today	2 Go Call someone on the phone today who could use a friendly voice	3 4th Sunday of Easter
4 Turn How can you turn frustration into calmness?	5 Learn Learn a new hobby- watch a tutorial online	6 Pray for our leaders that they make the right decisions for all	7 Worship Reflect on Romans 8:38-39	8 Bless What is something silly that made you smile today?	9 Go Make a special meal and set the table for family or bring to a neighbor	10 5th Sunday of Easter
11 Turn from having the tv/computer on to a time of silence	12 Learn Learn how to grow something new in your yard	13 Pray for those graduating from high school and college	14 Worship Try a way of love meditation https://youtu.be/LrJK- usu7Bw	15 Bless What is something that made you feed good today?	16 Go Clean up your neighborhood on your walk	17 6th Sunday of Easter
18 Turn from excessive spending to saving	19 Learn Learn about a helping agency in your town and how you can help them	20 Pray for those struggling with mental illness	21 Worship Reflect on Matthew 6:34	22 Bless Who are 3 family members or friends you thought of today?	23 Go Collect items to donate to a local charity	24 7th Sunday of Easter
25 Turn from quick judgment to compassion for all	26 Learn Learn a verse in the Bible (your choice) by heart	27 Pray for those living alone and in isolation from loved ones	28 Worship Try praying with Anglican prayer beads.	29 Bless Intentionally smile at least ten times today	30 Go Donate to your favorite charity.	31 PENTECOST

THE WAY OF LOVE Practices for Jesus-Centered Life