

Reflection Guide

The Way of Love with Bishop Michael Curry: Season 2, Episode 8

Resting in and with the Land

How to Use This Guide

For personal devotion

Listen to the podcast episode one or two times. Next, set aside 20 minutes of quiet time to reflect on the following Scripture and questions. Consider writing your responses to the prompts in a journal. Close your time in prayer.

As a group

Before you meet, ask members to listen to this episode. Open your meeting by sharing the Scripture. Next, you may either listen to the episode again as a group or move on to the Questions for Reflection. As a group, discuss your thoughts about and answers to the questions. Finally, close your time together with the prayer.

Scripture

Job 38:4-7

⁴“Where were you when I laid the foundation of the earth?

Tell me, if you have understanding.

⁵Who determined its measurements—surely you know!

Or who stretched the line upon it?

⁶On what were its bases sunk,

or who laid its cornerstone

⁷when the morning stars sang together

and all the heavenly beings shouted for joy?”

Questions for Reflection

Use these questions for personal reflection, group discussion, or both.

1. In this episode, Bishop Curry talks with Lynnaia Main about her work with The Episcopal Church and the United Nations. Lynnaia mentions that we can reduce our consumption and production – and in the process, find the time to rest. Do you do too much? Have you ever intentionally filled your time with unimportant things to avoid silence or stillness? What can you do to counteract that?
2. Bishop Curry mentions that climate change and care of creation are not wholly secular or scientific concerns – rather, that we understand part of our call as Christians as living as often as possible in harmony with God’s creation. What is one small step you can take this week to give yourself and the land a rest?
3. The Rev. Nurya Love Parish describes two reasonings for keeping the Sabbath in the 10 Commandments – one is from Exodus, the other from Deuteronomy. Which of these speaks most clearly to you? How you can remind yourself of the importance of that rest, both for yourself and others?

Prayer

For Joy in God’s Creation

From the Book of Common Prayer, p. 814

O heavenly Father, who hast filled the world with beauty: Open our eyes to behold thy gracious hand in all thy works; that, rejoicing in thy whole creation, we may learn to serve thee with gladness; for the sake of him through whom all things were made, thy Son Jesus Christ our Lord. Amen.